

# DAPP Annual Report 2010



DAPP

Development Aid from People to People in Zambia

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**C**HILD Aid projects are integrated community development programmes that seek to provide a supportive environment for the development and growth of the child by developing entire communities in the operation areas.

The projects strengthen the capacity and ability of families and communities to improve their lives and secure a healthy and sound upbringing for their children.

The projects contribute towards most of the Millennium Development Goals (MDGs) including the following: Reducing extreme poverty and improving food security (MDG 1);





Increasing access to basic education (MDG 2); Promoting gender equality and empowering women (MDG 3); Improving maternal and child health (MDG 4 and 5); Fighting HIV/AIDS and other major diseases (MDG 6); and promoting environmental sustainability (MDG 7).

The projects use a holistic approach to empower and mobilize individuals, households and communities to increase the use of own resources and to strengthen community structures such as Village Action Groups, School WASHE Committees, Youth Clubs, Women Groups, etc.

Through Child Aid projects, community, household and school latrines and water points have been constructed leading to increased access to clean portable water and improved sanitation and hygiene in schools and communities.

Village Action Groups have been sensitised on disease prevention, child care and the need to give children the best start in life by sending them to school.

With the support of the communities, the projects have established pre-schools in the operation areas and work with other community and government schools.

The projects strengthen the economies for the families by mobilising communities to engage in income generating activities and by providing families with pass on loans of livestock, crop packages and micro finance to boost their financial base.

Families have also been trained in sustainable agriculture production and environmental conservation in order to increase their crop yields and to protect the environment which is at the brink of destruction due to human activities.

In 2010, Child Aid projects were implemented in 17 districts in Central, Luapula, Southern, Northern and Copperbelt Provinces.



## Key results in 2010

Village Action Groups	3,860
Families in Child Aid	142,468
Households that received small livestock/grains/Micro finance	10,728
People counselled and tested for HIV	25,404
Support Groups for people living with HIV in the projects	62
TB treatment supporters active	130
Women's clubs in the project	29
Household latrines constructed	3,084
School latrines constructed	408
Peer educators in schools	7,340
Water points constructed/ rehabilitated	348
Household hand washing facilities (tippy taps)	15,802
Community pre-schools supported	252
Community and government schools in the programme	780
Out of school youth clubs active	313
Trees planted	127,273

### Results from Child Aid Projects in Mkushi, Kapiri Mposhi, Serenje, Chibombo, Kalomo and Choma in Central and Southern Provinces.

The projects carried out activities within health, poverty alleviation, environmental conservation and education and achieved a good number of results. 42,548 households from 1,273 villages participated in the projects. The activities were coordinated with stakeholders in the district including line ministries and traditional leaders. The following are key results achieved during a 4 year implementation period which ended in 2010:

- \* The project targeted very vulnerable households and the percentage of people living below the poverty line was 99% when the project started and was reduced to 84.5 at the end of the project;
- \* The targeted households have increased their assets with 57% (from US\$ 1,454 to US\$ 2,277). The assets include small livestock, farm equipment and tools, bicycles, to mention a few;
- \* The percentage of families having gardens rose from 33% to 68%;
- \* The project recorded an increase in sharing decision-making between men and women in the home from 28% to 50% by the end of the project.
- \* 9,989 households received pass on loans of grains, 14,182 received pass on loans of small livestock (goats and chickens) and 956 households received micro finance loans.



### **The School WASH and Quality Education Project in Northern Province**

Availability of water and sanitation facilities is key to quality education and good health for pupils and teachers alike. DAPP works to improve the health and education for the children by providing access to clean water, improved sanitation and good hygiene.

Through the Child Aid projects, DAPP implemented School Water, Sanitation and Hygiene Education (School WASHE) in 460 schools in 2010.

In 2010, 356 sanitation facilities which included latrines and ablution blocks for both pupils and teachers were either constructed or rehabilitated. Furthermore, 115 water points were established.

Water, sanitation and hygiene education is also promoted in schools by training teachers and peer educators and conducting hygiene awareness campaigns in schools and surrounding communities.

The projects also promote improved systems for disposal of solid waste by encouraging schools to provide classroom bins and refuse pits.





**C**hildren's Town provides skills training to former street children who come from Zambia's major towns and cities. The project also offers basic education to orphans and vulnerable children (OVC's) from communities surrounding the "Town".

## **Skills training**

The project runs a 3 year rehabilitation and re-integration programme for former street children. The youth learn to become productive and development oriented through the entrepreneurial skills they are taught.

The youth are trained in carpentry and joinery, welding, shop keeping, construction and tailoring. They also learn agricultural production including gardening and animal husbandry. The youth are part of both production and marketing.

The children take part in running the "Town" through their participation in planning and evaluation meetings, decision making, as well as taking turns in the kitchen to cook for themselves and through other collective activities in the project.

Using the knowledge and skills gained in skills training, the children engage in production of various commodities. For instance, some students who are trained in





tailoring begin producing school uniforms for the community school at the “Town” while those that are in the agriculture class cultivate food crops such as cabbages, rape, tomatoes as well as taking part in rearing animals like goats, chicken, pigs, and those that do carpentry produce furniture for the “Town” and for selling in the community.

## Psycho-social support

The children come to the project with many psycho-social problems arising from the traumatic life in the streets and due to abuse and neglect at home resulting in them escaping to the streets. Upon arrival at Children's Town, they undergo intensive psycho-social counselling to assist them to gain back their life values and self esteem and to help them get rid of their tormenting street experience.

## Re-integration programme

After undergoing rehabilitation at Children's Town for two years, the former street children are helped to settle and to begin a new life in the communities around the “Town” or in their community of origin through a one year re-integration programme run by the project.

## Community school for OVC's

Besides being a home and a skills training centre for former street children, Children's Town also runs a community school from pre-school to grade nine for orphans and vulnerable children who come from the surrounding communities.

This community school follows the government curriculum and teachers are seconded from the Ministry of Education.

## Some key results in 2010

OVC's provided with basic education	315
Former street children provided with skills training	56
Pupils that sat for grade 7 examinations (100% pass rate)	30
Pupils that sat for grade 9 examinations (82% pass rate)	46





**T**CE is a systematic door-to-door HIV/AIDS prevention and care programme which provides HIV/AIDS information as well as counselling, testing and care activities to all individuals in the operation areas.

The programme is founded on the belief that each individual in the community can play a significant role to halt the spread of the HIV epidemic and to support those infected with the virus. People are thus mobilized to take a leading role in the quest to fully defend and free themselves from the epidemic in their own lives as individuals, families and communities.

The TCE programme seeks to systematically achieve total control of the epidemic in the “TCE areas” each covering 100, 000 people through the door-to-door visits by the 50 Field Officers. The Field Officers frequently visit individuals in their homesteads and workplaces with information, education, counselling and mobilisation to take control of HIV/AIDS. Each Field Officer reaches out to 2,000 households in the TCE area.

In 2010, TCE activities were implemented in Mazabuka District in Southern Province.

## **Health Services**

Besides having Field Officers, TCE works with community volunteers called “Passionates”, ART Adherence Supporters, TB Treatment Supporters and Support Groups, District Health Medical Team and other Ministry of Health staff to fight HIV and AIDS to reinforce the links between people and health institutions, to promote



ART adherence and to support those infected and affected by the epidemic.

In cooperation with the Ministry of Health, the programme provides mobile ART services to the ART clients located in remote areas.

Pregnant mothers who are HIV positive are also provided with medical advice to prevent the transmission of the virus to their babies during labour and to adhere to the breastfeeding recommendations in order to ensure healthy growth of the babies.

## Care

TCE also offers care services to those infected and affected by the epidemic through the support groups for people living with HIV. The members of the support groups are mobilised to engage in income generating activities and are provided with psycho-social support within the support groups through the positive living training.

## TCE key results for 2010

Total number of individuals reached	203,820
People tested for HIV/AIDS	77,166
Pregnant mothers mobilized for PMTCT	2,541
People who received ART services	1,394
Community volunteers in the programme	1,231
Condoms distributed	1,342,798
School pupils reached through the Anti-AIDS clubs	12,000
Orphans in the orphan programme	1,430





**H** OPE project aims at stopping the spread of HIV and AIDS through information, education and counselling programmes. The project provides support to people infected by the epidemic through training in positive living and economic strengthening.

The project operates in three main lines that include health services, outreach programme and opinion forming.

Through these programme lines, the Hope project facilitates voluntary counselling and testing, fights stigma and discrimination, provides food supplements to the chronically ill HIV/AIDS patients, provides direct support to orphans and vulnerable children, and reinforces networking between the local health structures and people who are HIV positive to thereby assist in the treatment of opportunistic infections such as TB.

Through the positive living training, the project promotes nutritional gardening and home hygiene and campaigns against gender based violence.

HOPE also strengthens the economies for people living with HIV through mobilisation of the support groups to engage in various income generating activities.

The project provides pass on loans of livestock and grants to support the nutritional needs for people living with HIV. TB Treatment Supporters and ART Adherence Supporters are also provided with revolving loans in order to support their livelihood.

Members of the support groups are trained in livestock management and in business entrepreneurship and





management in order for them to efficiently run their small businesses and to boost their income.

Besides working with support groups, ART Advocates and TB Treatment Supporters, the project also works with youths, health centres and civil society organisations in order to stop the spread of HIV/AIDS and to care for people living with HIV and their families.

In 2010, HOPE projects were implemented in Ndola, Kabwe, Kapiri Mposhi, Kaoma, Mongu and Senanga Districts.

### **Key results in 2010**

Individuals counselled and tested for HIV/AIDS	24,590
Individuals directly reached with opinion forming messages	56,684
TB treatment supporters trained	240
People with HIV that received pass loans and grants	4,787
Number of ART patients receiving food supplements	604
Activists and volunteers in the programme	2,334
Support groups for people living with HIV	572
Active members in support groups	7,458
Individuals trained in positive living	4,401
Youth clubs in the programme	155
Condoms distributed	279,231
Schools in the programme	92
Orphans who received direct support	690
Workplaces in the programme	51



# Farmers' Club

**D**APP started the Farmers' Club programme in April, 2010. The idea of the programme is to tap the great potential for agricultural improvements in Zambia through training and organising farmers.

Hundred clubs were established in Central and Copperbelt Provinces and concentrate on improved gardening and income through low cost irrigation, micro finance support to the farmers and improved marketing of agricultural produce.



The 5,000 farmers who are organised in the 100 clubs are trained by DAPP staff and Camp Extension Officers in improved farming methods to improve soil fertility and crop yields, to reduce loss of harvested crops to pests and poor storage, and to diversify crop production.

In 2010, 100 model gardens were established and were supported with inputs such as fertilisers, pesticides, seeds, etc.

About 58 percent of the land in Zambia is suitable for agricultural production, richly blessed with fertile soils, abundant water and a good climate. However, only 14 percent is currently under cultivation. With such resources available, Zambia has a great potential of eradicating extreme poverty and hunger. Thus the Farmers' Club programme takes advantage of the agricultural resources Zambia is endowed with to support small-scale farmers and to help them free themselves from the shackles of extreme poverty and hunger.





**D**evelopment Instructors are volunteers that come from different parts of the world to work in projects implemented by DAPP.

Owing to their diverse expertise, qualifications and knowledge, the Development Instructors play a important role in assisting the management and implementation of the development activities across Zambia.

The Development Instructors train pre-school teachers, train trainers to facilitate various development activities, plant trees in the communities, and support in developing systems for measuring results as well as taking part in documentation.

In 2010, DAPP in Zambia received 86 Development Instructors from Argentina, Brazil, Bulgaria, China, Costa Rica, Czech Republic, Estonia, Equador, Equatorial Guinea, Hungary, Japan, Latvia, Lithuania, Romania, Slovakia, South Korea, Sweden, Switzerland, USA and Zimbabwe.

Before coming to Zambia, the Development Instructors undergo training for 6 months at schools affiliated to Humana People to People which include IICD Massachusetst and Michigan in USA, DRH Lindersvold in Denmark and Norway, YID in China, KNEC in South Africa and CICD in UK. Upon completion of the training, they come to Zambia to work for 6 months in various projects.





**W**HILE most of our revenue comes from local and international partners in development, DAPP also raises funds for development activities through the sale of second hand clothes and shoes in our 30 retail shops spread across the nine provinces of Zambia.

The Clothes and Shoes Fundraising Business creates employment to many Zambians and provides quality but affordable clothes and shoes to the needy, the growing middle class and marketers who buy for resell.

These second hand clothes and shoes are donated by people in Europe and get to Zambia with the assistance of member organisations from the Federation Humana People to People.



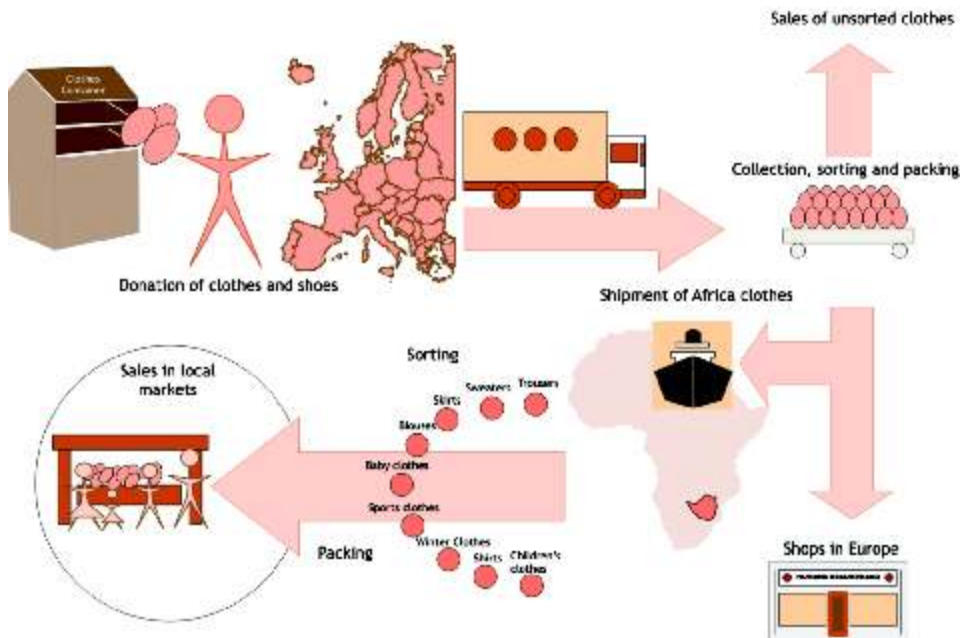
All the shops implement a 4-week cycle system. The shops receive new stock at the beginning of each month. The clothes are categorised according to their quality and fashionability. At the beginning of the month the fashionable clothes are sold at a relatively high price while a lot of good basic clothes are marked down at the end of the cycle to clear the stock and to pave way for new stock.

In 2010, the project registered tremendous success in terms of the tonnage of clothes and shoes sold owing to the expanded customer base and a relatively conducive economic environment.

## Key figures in 2010

Tons of clothes sold	766
Tons of shoes sold	148
Number of employees	130
Number of Shops	30
Number of customers	approximately 775,000

## How the clothes and shoes get to Zambia from Europe



## Low cost technology

Zambia is one of the poorest countries in the world with about 80% of the population living below the poverty line of 1 \$ a day and about 45% of malnourished children.



Utilization of low cost technologies is essential to create economic development. Low cost technologies are cost effective and are locally produced and maintained. Private individuals are able to invest in such technologies to improve their production and livelihood. DAPP projects thus promote low cost technologies including the following:



**Rope pumps:** DAPP is a leading producer of rope pumps for communities and private people. The pumps and spare parts are produced and marketed locally. People manage to invest in the pumps that cost between US\$120 to US\$180 depending on the type. DAPP has supported eight private entrepreneurs to produce and sell rope pumps. In 2010, 204 rope pumps were produced and sold.



**Manual drilling:** In 2010, DAPP drilled 50 boreholes through manual drilling. These boreholes are between 12 to 24 metres deep and have been equipped with India Mark II hand pumps for schools and with rope pumps for household and community use. A manually drilled borehole costs 10 – 20% of the price of a conventionally drilled one.



**Treadle pumps:** The treadle pumps work well for irrigation using water from shallow wells, streams and dams. DAPP projects promote the use of treadle pumps.

**Agricultural equipment:** Low cost technologies promoted for improved agriculture production and processing include animal drawn rippers, planters and hand driven processing equipment.



**Energy:** The projects promote energy saving stoves that are produced from locally available materials (clay and sand) and which can save about 30% energy compared to a 3-stone fire.

**Tippy taps:** The projects promote the use of hand washing facilities (tippy taps) to improve health and hygiene in schools and communities.

## Gender mainstreaming

Women generally have low status in Zambia. In about half of all households, they do not take part in deciding how to spend family income – not even the income they raise themselves. Yet women do most work in the homes and in the fields and are principal caregivers to the families. Statistics reveal that even though efforts are being made to ensure that girl and boy children have equal education opportunities, girls still lag behind. For instance, the completion rate for grade 7 and 9 is at 87.72% for girls compared to 98.70% for boys.

DAPP promotes gender mainstreaming in all its projects by sensitizing and mobilizing communities and traditional leaders to spearhead change in the way the society views women. The projects also train women to take leading roles in the community besides mobilizing men to increase responsibility for the health and welfare of the family. The projects campaign against gender-based violence and increase girls' access to education.



## Environmental Conservation

Protection of natural resources is often not a priority in poor communities. However, DAPP teaches people that prosperity and natural resource protection go hand in hand. Activities include construction of contours on hilly land to reduce soil erosion, using conservation farming methods to increase soil fertility, mobilizing communities to support protection of fish and wild life for example through adhering to the fish ban in the breeding season to ensure the multiplication and survival of fish species.



## HIV/AIDS

The HIV prevalence in Zambia is 14.6% and about 1 million Zambians are infected with the virus. The HIV/AIDS epidemic has taken a severe toll on the lives of children with 1 out of 5 children having lost at least one of their parents to HIV/AIDS. All the DAPP projects have HIV prevention and care activities, supporting those infected and affected by the epidemic. The projects support orphans and vulnerable children and facilitate activities to reduce the spread of the virus especially among the youth.



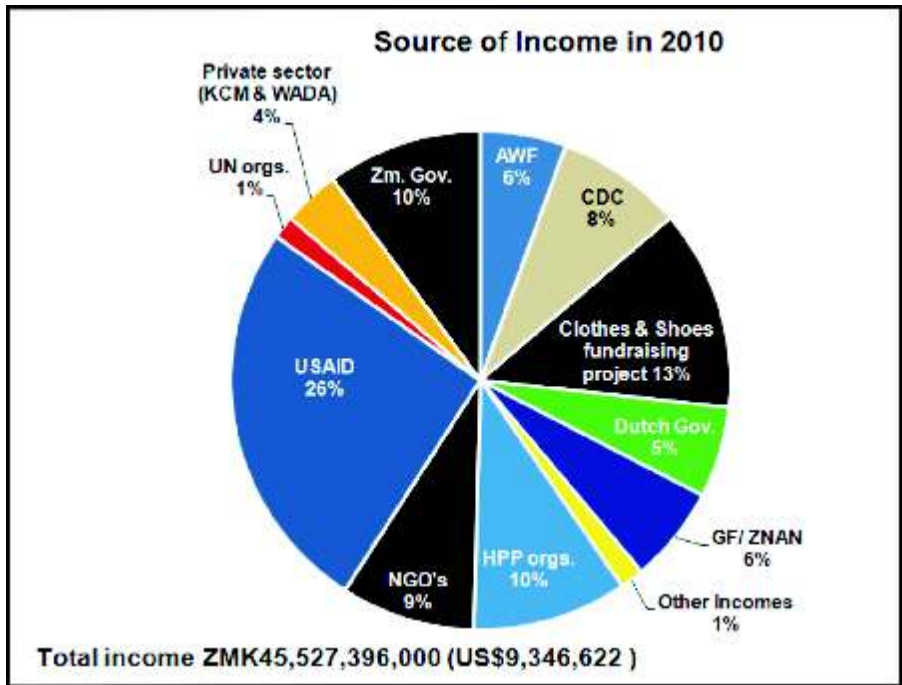
# Partners in Development

DAPP in Zambia has worked with several local and international partners in development. We are very grateful to our partners for the financial and technical support they render to us in our effort to improve the lives of Zambians. Below is a list of the partners:

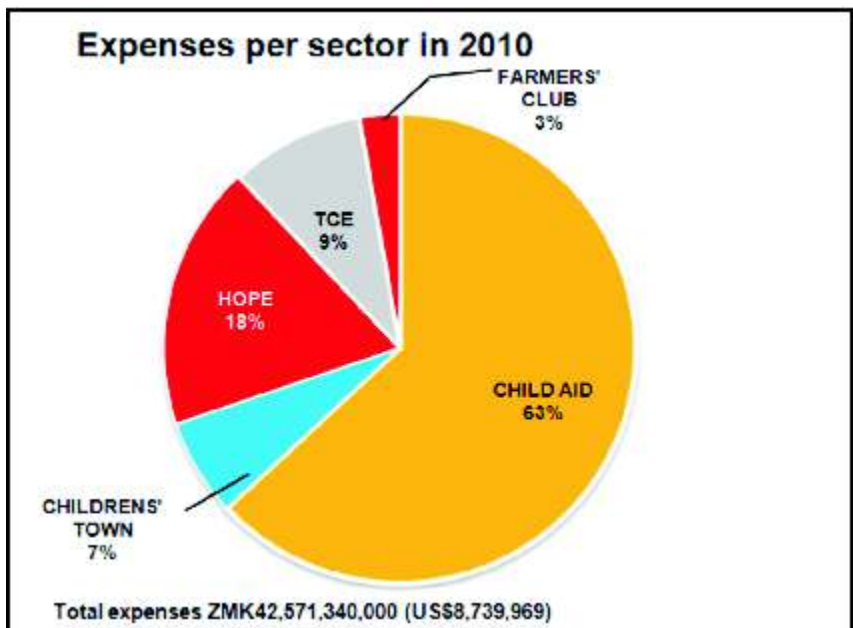
- ◆ Africa Water Facility (managed by African Development Bank)
- ◆ Africare
- ◆ Adopt a Kid in Need (AKIN)/ Deep Roots
- ◆ American Jewish World Service (AJWS)
- ◆ Beit Trust
- ◆ Centre for Disease and Infection Control (CDC) Zambia
- ◆ Christian Enterprise Trust of Zambia (CETZAM)
- ◆ Concern World Wide
- ◆ Connect International
- ◆ Croc Shoes
- ◆ Dutch Government (MFS)
- ◆ Forum for African Women Educationalists of Zambia (FAWEZA)
- ◆ Firelight Foundation
- ◆ GAIA Movement
- ◆ Government of Zambia at national and district levels
- ◆ HUMANA People to People organizations
- ◆ Kadigraphix
- ◆ Kitchen Table Charities Trust
- ◆ Konkola Copper Mine (KCM)
- ◆ Practical Action
- ◆ Rotary Club (Zambia, USA and Canada)
- ◆ Society for Family Health (SFH)
- ◆ UNICEF Zambia
- ◆ USAID
- ◆ Water and Development Alliance (WADA)
- ◆ WaterAid Zambia
- ◆ Waterloo Foundation
- ◆ World Vision
- ◆ Zambia National AIDS Network (ZKAN)/ Global Fund



**Figure 1: Revenue**



**Figure 2: Expenses per sector**



**D**evelopment Aid from People to People in Zambia is a member of the federation Humana People to People, a network of non-profit aid organizations in Europe, North America, Africa, Asia and Latin America, all working in the field of international solidarity, cooperation and development.

Humana People to People was born with the wish to contribute to the fight against colonialism and apartheid in the late 1970's. When the last countries of Southern Africa had won their independence and later when apartheid was abolished, Humana People to People continued to contribute to building the new societies and better lives for the people.

Humana People to People is based on Solidary Humanism, with a profound shoulder-to-shoulder attitude to people in need. Humana People to People works together

with the people in the pressing issues facing mankind, such as education, health, food security, environment, child aid and economic development, and in relief aid.

DAPP in Zambia receives technical assistance from Humana People to People through regional conferences and project support. The Federation also assists in developing new programmes and provides training materials to DAPP in Zambia.



Furthermore, Humana People to People provides qualified regional staff to man sector offices, besides supporting in research, developing monitoring and evaluation systems and training modules, etc.

In 2010, 35 independent, national development aid organizations were members of "The Federation for Associations connected to the International Humana People to People Movement" with activities in 43 countries on five continents.

## Safe water and improved sanitary facilities

Munwe Community School in Chinsali District was established by the parents in 2008. In 2009 it was upgraded to a government basic school and has 452 pupils. Three classroom blocks were constructed but no water point and latrines were provided. The only available water source was a nearby stream. In October 2009 the School WASH and Quality Education Project drilled a borehole at the school using the manual drilling method. In 2010 the project constructed two Ventilated Improved Pit (VIP) latrines at the school and established "Tippy Taps" for hand wash outside the latrines. Peer educators have been trained to teach

their fellow peers to wash hands and to keep the school clean. The School WASHE Committee is responsible for maintenance of the pump and the latrines. The pupils have now improved their health through safe drinking water and sanitation and can concentrate in learning.



## 14-year old sex worker saved from HIV/AIDS

At 14, Miriam was a young sex worker. She lived with her elder brother James and her young brother Dickson (not real names). The trio are orphans after their parents died in a road accident in Mazabuka.

At the age of 20, James became the head of the house but had no means of earning an income and therefore coerced his sister Miriam to indulge in sex work so as to provide for the family. She did her business with migrant truck drivers passing through Mazabuka.

Her younger brother Dickson joined a gang of smokers and became a drug addict while James impregnated 2 girls in the neighbourhood.

ATCE field officer made efforts to explain the risks that this orphaned family

engaged in. Miriam later went for an HIV test and was happy to know that she was still negative.

Miriam then joined the TCE programme as a Peer Educator mobilizing sex workers against sex work, or to practice safer sex as well as encouraging them to go for VCT. Today, she is a powerful role model to her peers in the community and she is open about her previous risky behaviour and how TCE saved her from contracting HIV/AIDS.

Miriam is getting a small allowance as Peer Educator and financed her elder brother at a vocational school where he was doing vocational training.

She is still working towards making her younger brother get off the street and get him back into school.

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# DAPP

Development Aid from People to People in Zambia



Member of the International  
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