



DAPP

Development Aid from People to People in Zambia

DAPP Zambia Year Report 2018





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DAPP Zambia at a Glance

DAPP Zambia works for sustainable development and lasting solutions, creating positive change together with people in Zambia, including improving livelihood and resilience, lifelong learning, as well as health and human rights for all.

Our projects harness peoples' own power to create change individually and collectively to build resilience and capacities, and to eventually get out of poverty. We believe that when people work together, they are better able to support one another and to take collective actions and solve problems that they cannot handle alone.

We are registered as a local non-governmental organisation under the Ministry of Community

Development and Social Services. Our initial registration was in 1990 as a **Zambian Welfare Organisation**.

In 2018, we reached over 1.3 million people directly across 9 provinces in 30 districts. Additionally, an estimated 1.5 million people were reached through our 33 DAPP Clothes and Shoes retail shops. We employed 950 employees and have in the past year worked with 18,321 volunteers in over 156 project units.

Activities are cost effective, providing best value for money in terms of outcomes and impact and are aligned with the Government of the Republic of Zambia's 7th National Development Plan and the Sustainable Development Goals (SDGs).

9
Provinces

30
Districts

950
Staff

18,321
Volunteers

1.3 million
People reached in 156 projects units



Welcome Remarks from DAPP Managing Director

I am proud to present the annual report for DAPP Zambia, highlighting the results achieved in 2018, through the work and commitment of 950 staff, 18,321 volunteers and over 1.3 million people participating in the project activities.

DAPP Zambia is a strong and visionary local organization, with a long history of successfully implemented community development activities. The organization has, throughout its 29 years of existence, worked shoulder to shoulder with people in Zambia, implementing projects to improve health including to stop the HIV epidemic, reduce poverty with focus on improved use of own resources, improve education – promoting lifelong learning, and to mitigate the effects of global warming and promote human rights for all.



DAPP Zambia has the vision to see a country, with equal opportunities for all, free from poverty, illiteracy and disease. In spite of significant positive changes, realized through a combined effort carried out by people and organizations all over Zambia, we still have a long way to go.

Poverty, especially in rural communities, is a major problem hindering improved welfare for millions of small holder farmer and their families. The effect of global warming increases the vulnerability, with increased weather calamities especially in the Southern parts of Zambia. Inequality has increased significantly and according to the World Bank Country Diagnosis 2018, Zambia has the second highest inequality in the Southern Africa Region. In the cities and big towns, one shopping mall after the other is being constructed, while the majority of young people are unemployed, with no means for a decent living. Children in rural communities lack teachers and in spite of increased enrollment, many children leave school too early.

While we are happy for the achievements in the past years, the urgent need for change, demands for increased efforts and increased scale. To achieve the UN 2030 Agenda for Sustainable Development, we must win the battle against poverty. We must improve the health and education services especially in rural communities providing human right for all citizens. To achieve this, we need to empower individuals and community structures such as Farmers' Clubs, Community and Youth Action Groups.

DAPP Zambia remains committed to work for development in the country and is ready to scale up its initiatives.

We wish to sincerely thank all the individuals, the Government of the Republic of Zambia, national and international partners, who made the results achieved in 2018 possible. Enjoy reading this report presenting some of these results.

Elise Soerensen
Managing Director, DAPP Zambia

"Be the change you want to see" Mahatma Gandhi

"By working together, you can achieve much more"

Thematic Areas

Community Development



We reached over 80,000 families with community development related projects through capacity building of individuals, families and community structures.

Education



We contributed to improved education in Zambia through running a teacher training college, a primary school, training community school teachers and supporting community preschools.

Agriculture and Climate Change



We contributed to improved agriculture productivity and mentored farmers to engage in farming as a business. This was achieved through Farmers' Clubs.

Health



We equipped people with knowledge to take control of their own health and that of others in areas of HIV, TB, Malaria, family planning, nutrition and healthy eating habits.

Human Rights



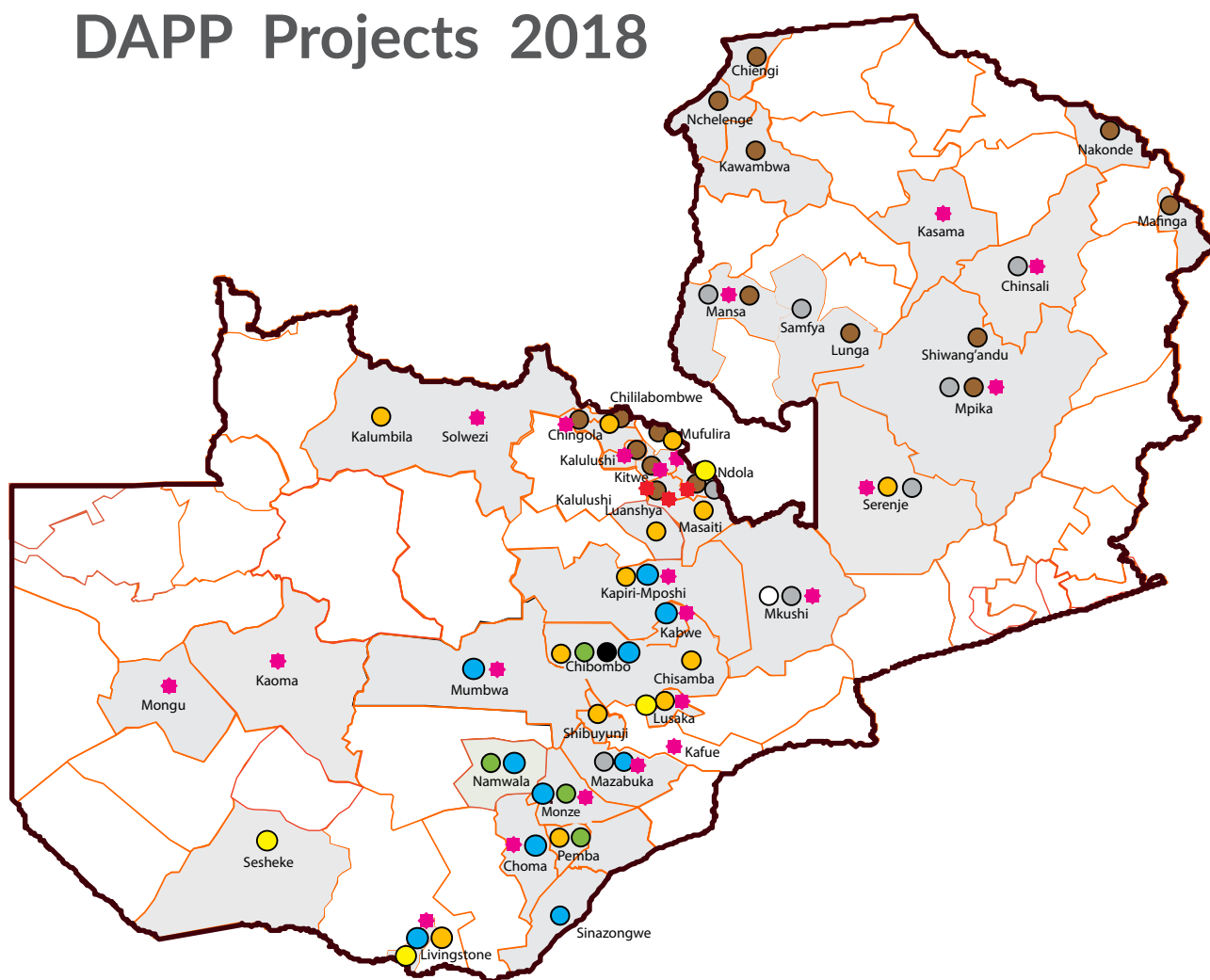
We improved human rights, with a focus on health for the adults and rehabilitation of juveniles in 9 correctional facilities through system strengthening and improving facilities.

Fundraising Business



33 Clothes and Shoes Shops served customers quality clothes at affordable prices, created employment, reduced global warming and supported all the development projects, through surplus earned.

DAPP Projects 2018



Child Aid Projects implement integrated community development in 11 district of Muchinga, Central, North Western, Copperbelt and Lusaka Provinces.



ZAMFAM South Central support orphans and vulnerable children in 10 districts of Southern and Central Provinces.



Farmers' Clubs increased climate smart resilience among small holder farmers through organising them in clubs in Southern and Central Copperbelt Provinces.



DAPP Teacher Training College in Mkwashi trained multi skilled teachers focusing on their ability to work in rural communities.



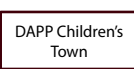
Second Hand Clothes and Shoes Shops for income generation, employment and service provision in 24 districts



Sexual and Reproductive Health implemented in 15 districts of Luapula, Copperbelt and Muchinga Provinces.



Total Control of the Epidemics and HOPE mobilised people and provide services, to stop the HIV, TB and Malaria epidemics in Copperbelt, North Western, Central and Southern Provinces.



Children's Town provided academic and vocational education to 437 vulnerable children in Chibombo district.



Human Rights in Correctional Facilities project in 3 provinces of Zambia worked towards improving health and wellbeing of prisoners, inmates' legal and human rights and supported circumstantial children.



COMMUNITY DEVELOPMENT

Over 50% of Zambia's population is under the age of 18 years. UNICEF reports that 59.4% of children live in poor households with 45.4% of these children living in what is considered as extreme poverty. As such, a wholesome approach that considers households and community challenges in the face of poverty is important to have a meaningful impact against the challenge.

DAPP Zambia blends in a shared vision of Zambia's Seventh National Development Plan of eradicating poverty in the country by working shoulder-to-shoulder with communities. DAPP Zambia's community development umbrella reaches and understands peoples' experiences that enables it to bring practical and evidence-based interventions. Communities are involved in planning, implementing, and sharing experiences to which DAPP provides the tools they need in terms of knowledge, skills and resources to bring solutions to development challenges within

communities.

Through its Child Aid projects, DAPP engages children and adolescents, parents, teachers, health workers, neighbours, and local leadership to foster ownership and sustainability, by creating effective linkages with the government, community, and private partnerships in its programming.

Child Aid projects carried out in 2018 included the ZAMFAM South Central project focusing on providing support to orphans and vulnerable children in 10 districts in Southern and Central Provinces. Child Aid Mumena in Kalumbila District of North Western Province involved implementing 10 lines of Child Aid through integrated community development as well as school and youth activities. During the year, DAPP completed two long term Child Aid projects in Nampundwe of Shibuyunji District of Lusaka Province and in Chingola District of Copperbelt Province.

Key outputs

- **Activities implemented in 13 districts**
- **Engaged over 450,000 people**
- **Strengthened 3,498 Community Action Groups and Youth Clubs**
- **Improved child care, increased household resilience and reduced common diseases.**

USAID ZAMBIA FAMILY (ZAMFAM) South Central

Changing lives of vulnerable children and building livelihood resilience in their families

DAPP's zeal to create development together with the people, by running community-based and people-centred projects, saw the third year of implementing ZAMFAM South Central Project. Through it, achievements have been recorded including provision of services to 150,900 Orphans and Vulnerable Children (OVCs) and empowering 74,102 families during the reported year.

The project worked with and built capacity of individuals, families and community structures to improve the living conditions of the children, to ensure that they reach their full potential. Its strength is derived from organised community structures such as Action Groups and the active engagement of community volunteers.

The groups met weekly to share knowledge and ideas from lessons and take action in creating better conditions for their children by supporting their social, intellectual and emotional development and improving their health, education and livelihood. The groups also run "pass-on-gifts" through which the neediest families

receive 'gifts' of livestock and legumes. Families who received the 'gifts', pass them on to another family through the first offspring of livestock or grains grown.

The project worked with health facilities in bringing health services closer to the communities and linked OVCs to adequate healthcare and social services. Community Health Workers and Child Care Volunteers carried out child care case management and care protection to ensure that OVCs had access to care and support. Youths were also organised in clubs, working with schools that provide suitable meeting places with a teacher as a guide to support them carry out activities on environmental protection, hygiene, control of HIV/AIDS, early marriages, among other issues.

By mutual trust among themselves, people established savings groups to improve the economy of their families so as to provide a decent life to orphans and vulnerable children by establishing a common pool of money from which individual members access loans.

150,900
Children supported

74,102
Families empowered



Activities



2,908
Community Action Groups

795
Community Welfare Assistant Committees

510
In and Out of School Youth Clubs

560
Community Health Workers

13,719
HIV positive children enrolled

Changing Lives

Mary Nyimba: from informal quarrying to thriving business lady



"I am a single mother of 4. After my husband died I struggled to financially provide for my children. So I opted for informal quarrying, digging, crushing and heaping stones, which earned me little money to meet our basic needs. When ZAMFAM was established here I joined a Community Action Group and we started a saving and lending group. I got a loan of K1, 200 for a poultry business. My priority was to generate a profit to support my children's education. I have been able to draft a plan on how to generate income and address my financial goals. My family has also improved nutrition, since we benefitted from the "pass on gift" system receiving sweet potatoes and cassava. We also learned how to improve the backyard garden. We grow our own vegetables and have learnt how to prepare vegetable dishes in different nutritious ways."

Cheelo Chilombwa (CHW): supports 125 children



"I'm working from Kaleya Clinic in Mazabuka district of Southern Province, looking after 125 children, 3 of whom are HIV positive. I visit the HIV negative children and youth every quarter to screen their health and to talk with them about HIV prevention. I openly talk about abstinence and that, if they can't do it, then they must always use a condom. I have screened all the children and referred those in need for testing. I tell parents how to look after an HIV positive child and what is expected of them including nutrition and psycho-social support."

Bupe Mulayamba: healthy lives through pass-on-gifts

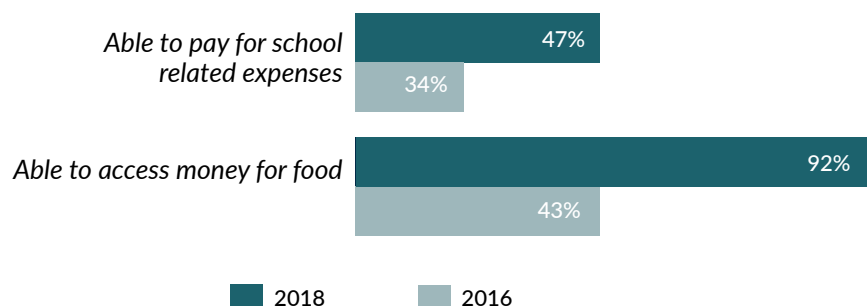


"I benefitted three goats from ZAMFAM because I have vulnerable children, who needs support. The Village Action Group committee gave them to me and when they have given birth, I will return three off-springs, so that they choose another family to receive. The goats will help me to take my children to school, when I sell the offspring. I also got legumes that have helped us with nutritional value, when we eat. Before I joined the Village Action Group, I didn't know how to balance my diet, now we have improved our diet, we eat a variety of food stuffs during meals, the thing we never did before joining the Action Group. My children always have something to eat when they go to school".

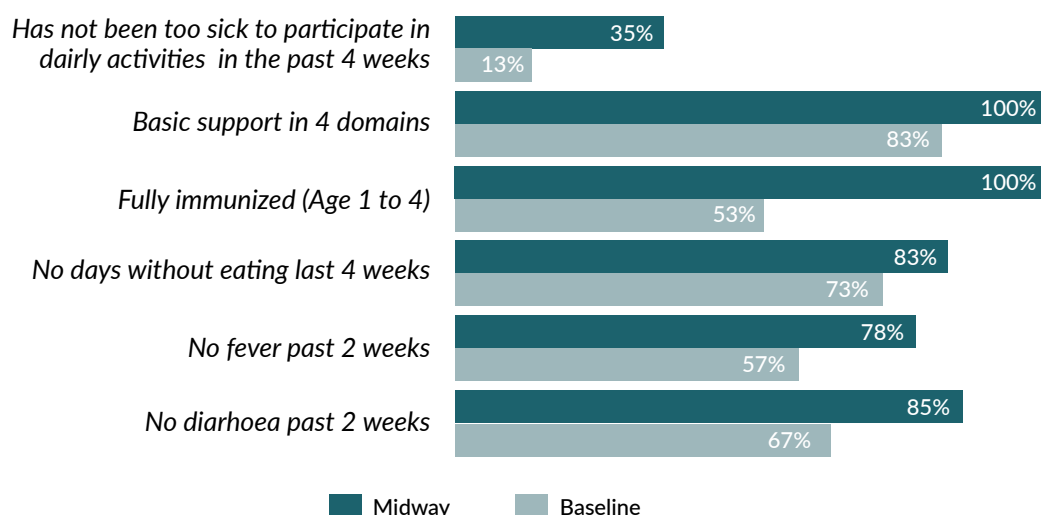
15,370 Families received pass on gifts

Results from midway evaluation in 2018 compared to baseline

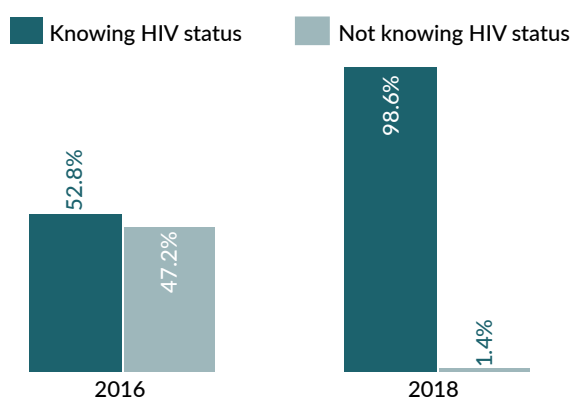
Household economic empowerment



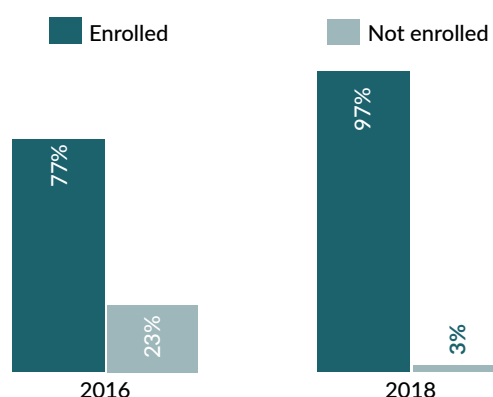
Health and Welfare for enrolled OVC



Care giver knowing HIV status for the Child



Children in school going age enrolled in school



ZAMFAM is funded by the American People through the United States Agency for International Development (USAID) and the U.S Preseident's Emergency Plan for AIDS Relief (PEPFAR), and works closely with the Zambian Government line Ministries. The ideas expressed in this publica-tion are those of DAPP and not necessarily those of USAID or the American Government.



EDUCATION

Despite significant progress in children's access to primary education, early childhood education still lags behind and only a few learners progress into secondary education and even fewer go into tertiary training. UNICEF in 2017 estimated that 25% of those who should be in school are out-of-school in Zambia, and that there is shortage of teachers, especially in rural areas.

DAPP Zambia believes in quality education for all and promoting learning for life as the fundamentals for people and communities to take control of their own development. We therefore equip children with basic numeracy and literacy skills which are a precondition for achieving the UN's Sustainable Development Goal (SDG) number four to give quality education and lifelong learning to all.

DAPP builds on a long tradition for another kind of education. To get people out of poverty, we harness their own power to create change individually and collectively. We build resilience and capacities that nurture young people to realize their potential and opportunities in their lives. DAPP Zambia provides a two-tier education system that combines both academic and vocational training to create a more progressive and sustainable society. We also train passionate students to have the skills to become teachers in rural schools, where the need for teachers is high.

Educational projects in 2018 included the DAPP Mkushi College of Education, DAPP Children's Town, Community Preschool Projects and In-Service Community School Teacher Training.

Key outputs

- **Activities implemented in 16 districts**
- **Over 95,000 people engaged**
- **34 primary school teachers graduated from Mkushi College of Education with 100% pass rate**
- **437 children provided academic and vocational education in the Children's Town**
- **1536 community school teachers from 440 schools learned interactive teaching methods**

DAPP Mkushi College of Education

Training another kind of a teacher



The DAPP Mkushi College of Education is a teacher training college, aiming to equip teachers with the skills and passion to provide quality, interactive and child-centred learning to pupils. We train teachers who want every child to succeed and who have the skills and the will to stay and work in rural schools, where the need is high. With such uniquely trained teachers, the schools where they are deployed become centres for community development.

In 2018, the college continued to offer a 3-year diploma course which was developed together with the

Government of Zambia. 130 students were enrolled in the college. The students had individual and collective studies using computer-based training modules, practical skills training in areas such as agriculture, national and international travels, teaching practice at neighbouring schools, as well as community work.

The college retained 100% enrolment for the 2nd and 3rd year students. The 38 student teachers who completed the course in 2017 graduated in 2018 with a 100% pass rate.

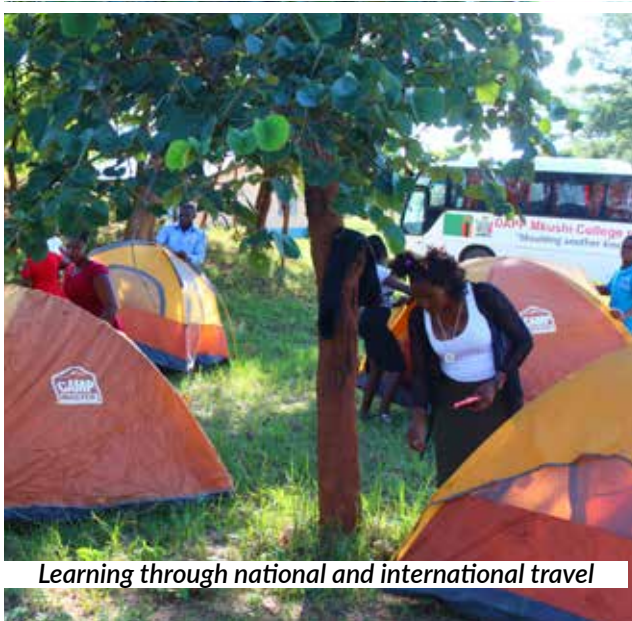
Key Elements



Own studies



Practical learning



Learning through national and international travel



School practice

Changing Lives

With service to cover the gap of understaffing in rural primary schools at the back of students-teacher minds, DAPP Mkushi College of Education builds skills in them to become visionaries, with passion for both teaching children and taking part in community development. The college finds it important to increase female teachers in rural schools to create role models for the girls and to reduce Gender Based Violence (GBV).



Mercy Chisanga; Student Teacher

Vows to teach at a rural school to help pupils

"My plans after graduating is to come back and teach in a rural school. I want to change the lives of these children. I have so much passion for them. Where I did my first teaching practice at Mpoloma for instance, there are only three teachers at a school of Grade 1 to Grade 9. The head teacher and two class teachers. So for me, even if I am sent to teach at an urban school, I will still opt to come back and teach at a rural school because there are very few teachers, and these pupils need my services more than those in urban schools".



Isaac Chalwe; Student Teacher

Determined to impart gender awareness in pupils

"Before enrolling in 2017, I grew up knowing that there were different types of work for girls and boys. But the training at college changed my mind-set. I am able to cook and sweep. This has made me cope well with my female colleagues. Female students too, learn men's skills like maintaining the bus. I am now imparting these unique skills to the learners here by mixing boys and girls on desks in class. This is to make them have a mind-set of working together. In everything that my colleagues and I do, we make sure there is total participation of both girls and boys. This has helped us promote gender equality in learners at an early age."



Gertrude Mulenga; Student Teacher

Leads by example to change pupils' mind-sets

"Learners think that when you are educated you are not supposed to do some works regarded as manual, even when they help someone improve their lives. To encourage them and change their attitude, I slash the grass and sweep the school grounds with them and involve myself in every activity that they do. This has started changing the way they look at education and responsibilities. The interactive methodologies help me to guide learners well as they explore new discoveries. All this knowledge I got it from my training at DAPP College".

Children's Town

A hub of unique education

Children's
Town

The Children's Town provides skills training to and rehabilitation of former street children as well as children from surrounding communities. The school provides academic education, vocational training and psychosocial counselling. The children learn through theory and practical life experiences. The school aims to capacitate children to become progressive in society.

In 2018, the project continued to provide basic education to children from preschool level to Grade 9, with a total enrolment of 437 children of whom 90 were boarders, while the rest were day scholars. The children who sat for the Grade 7 examinations had 100% pass rate, while the pass rate for grade 9's was

58% (average for the country was 45.6%). The project also initiated level 3 certificate graduates in vocational skills in modern chef and food production as well as carpentry and tailoring, with a 100% pass rate for 27 students.

The project runs a number of income generating activities for project sustainability and these are also providing a training ground for the children.

Most of the former street children who have graduated from the school have been re-integrated into communities while some have been supported with tertiary education.

Diana Phiri (not real name) – From a broken home to the streets to Grade 7

"I grew up, as a happy child in Mansa, until one day, dad suddenly deserted the family and life became very tough. My sister died because we could not afford to buy medicine. I went to live with my brother in Lusaka but he did not have enough to eat. So I went into the streets. I didn't know life there was tough. I went through all kinds of abuse in order to survive. When I decided to return home, I found my brother had shifted. Our neighbour took me to Vision of Hope Orphanage, where DAPP found me. I am now in Children's Town and I have started Grade 7 under the PTE program, which I like very much. My teacher has promised that the school will help me to find my mother"



Pupils during a vocational skills training session



Pupils interacting with a teacher

Early Childhood Development

A child's early years are the foundation for his or her future development, providing a strong base for lifelong learning and learning abilities, including cognitive and social development.

To support young children with a good start in life, DAPP has since 1990 run community preschools using the 'Preschool Teachers of the Future Model', which encourages teachers to utilise child-centred and interactive teaching methods, ensuring that the children learn through using their hands, bodies, minds and imaginations every day. These preschools have been run by the community who have maintained the infrastructure and provided incentives to the volunteer teachers.

In 2018, DAPP supported 30 Community Preschools in Nampundwe in Shibuyunji District of Lusaka Province, Chibombo District of Central Province and Kalumbila of North Western Province. The support included training of the preschool teachers, provision of playgrounds and and/ or other type of educational tools. Other support included mobilising and building capacity of the pre-school committees to improve preschool management and infrastructure as well as construction of water points and latrines.

30

Community preschools

1887

Pupils enrolled



Children learning using their brain



Children learning using their bodies



Children learning through team work



Children learning using their imagination

i-Act Community Schools Interactive learning & Teaching Programme

Innovation through inclusive learning

In response to families' inability to meet costs of sending their children to government schools and long distance to schools, parents in the early 1990s decided to form community schools. But the use of untrained teachers was a source of concern as there was significant compromise on the quality of education.

Hence, in 2017, the Rodger Federer foundation funded Reformed Open Community Schools (ROCS) and DAPP to start implementing the interactive learning and teaching project (I-Act). The project is aimed at training untrained community school teachers on how to interact with learners and allow them explore

issues from questions asked. With the help of tablets and modules, untrained community school teachers gained skills they never had before, of good teaching using interactive methods that made them competent enough to teach large classes.

In 2018, a total of 1,536 teachers were enrolled and 1,201 completed the course, reaching 77,721 learners in 440 community schools. The children and teachers in the community schools benefitted from the programme and learnt how to use locally sourced materials for improved learning.



Teachers study using a tablet



Pupils learning through an interactive process

This is what the pupils say

- Lessons are much better now, before we mostly copied from the blackboard.
- Teachers now spend much time with us. When we do group work, they move from group to group.
- Now we learn in so many different ways. For example, when we learned about different types of soil, we collected and studied the soil.
- We are involved and interact freely with teachers. Before, we were afraid to talk because the teachers would scold or sometimes even beat us if we gave a wrong answer.
- Now the teachers are encouraging us, if we give wrong answers, for us to get the right answers.

12
Districts

440
Community Schools

1201
Teachers graduated the
interactive course

77,721
Pupils benefited



AGRICULTURE & CLIMATE RESILIENCE

Zambia has 1.6 million smallholder farmer families, which is about half of the population, of whom the majority live in poverty. Climate change significantly increases their vulnerability.

Skilled, determined and visionary youth leave the countryside, looking for better opportunities in towns and cities. As a contribution to turn this tide, DAPP Zambia has started the campaign “Proud to be Rural” and runs a model for engagement of young farmers and train them in farming as a business.

We implement the Farmers’ Club programme and other agricultural programmes to harness the great agricultural potential in Zambia. The Farmers’ Clubs model brings together smallholder farmers to improve

agriculture production, marketing and finance. Club members mutually support one another, and the model provides a platform for interaction with government extension workers and the private sector.

The clubs empower farmers by offering them access to an organised club life which includes training sessions, model farming demonstrations, field visits, low cost technical solutions, technical assistance, exchange of collectively gained experiences, links to microfinance and markets.

Projects in 2018 included the Smallholder Farmers’ Programme in 3 districts of Southern Province and the Young Farmers’ Clubs in Chibombo District of Central Province.

Key outputs

- Activities implemented in four districts
- 11,135 farmers engaged with over 60,000 people benefitting
- 226 Farmers’ Clubs and 197 Internal Saving and Lending Groups active

“The driving force in the Farmers’ Clubs is the farmers themselves”

Smallholder Farmers' Support Programme in Southern Province



Farmers' Clubs for sustainable farming



Farmers attending a field training on liming fields

10,835
Farmers

216
Farmers' Clubs

With the aim of reducing vulnerability and food insecurity, which has been made worse by the effects of climate change in Zambia, DAPP is working with 10,835 smallholder farmers in Pemba, Namwala and Monze Districts of Southern Province. The project is implementing an integrated smallholder resilience building programme working in key strategic intervention areas, implementing diversified agricultural activities such as conservation agriculture, small livestock, weather-based index insurance, micro-banking using 'savings for change' model, access to agriculture-based finance, usage of climate services information, post-harvest management, use of ICT marketing using MAANO APP and linkages to viable markets.

The outputs in 2018 show 6,726 farmers adopted conservation farming with farmers cultivating approximately 1ha each, resulting in improved output and a total production of 180 tonnes of cowpeas, soybeans and ground-nuts. Of the 3,020 farmers who received cash loans, 2,945 farmers got loans from local savings groups. Farmers diversified crop production, with each farmer growing at least three different crops. 2,974 farmers out of 3,835 in Pemba District received pay-outs from the index insurance due to weather fluctuation which resulted in crop failure in the 2017-2018 farming season.

Miner Chabota – Female Maano Ambassador showing the way

Miner Chabota is a 44 year old married woman with a family of 6. She is a Micro aggregator (Maano Ambassador) since 2016 and a farmer under Jamba Farmers' Club in Kanchomba South, Pemba District. She uses the Maano e-commerce platform which is an Android application buying and selling crops from the neighbouring farmers.

As a Maano ambassador, she managed to aggregate 328 tonnes of crops in the 2017/2018 season from 124 farmers in the area. She is making an earning for herself and the family and at the same time supports her neighbour farmers to market their crops.

She is one of the recipients of the 2018 gold medal awards for outstanding performance by the World Food Programme.

Crops Aggregated	Qty (Tonnes)	Main Buyer
Cowpeas	64	Moomba Investment & Auditor Mweemba (VAC)
Soya beans	73	
White maize	187	
Orange maize	4	

Young Farmers' Clubs

Proud to be Rural



Some 300 young farmers in Chibombo District have created huge employment opportunities for themselves, by growing more produce to take advantage of high demand for food. Their involvement in food production has been a driving force in creating a platform for themselves on which to interact with government extension workers and the private sector. The DAPP Young Farmers' Clubs project promoted various farming methods such as conservation farming, financial literacy, marketing of farm produce and value addition through processing and packaging. Through information sharing forums and club meetings, more than 80% of the young farmers found information useful to the production of honey and hot chili. The use of educational tablets also provided a platform for them to interact. More than 2,700 non-family and 1,300 family young farmers were reached with information on processing, packaging and production of Moringa and groundnuts. The number of young people getting interested in farming is increasing.

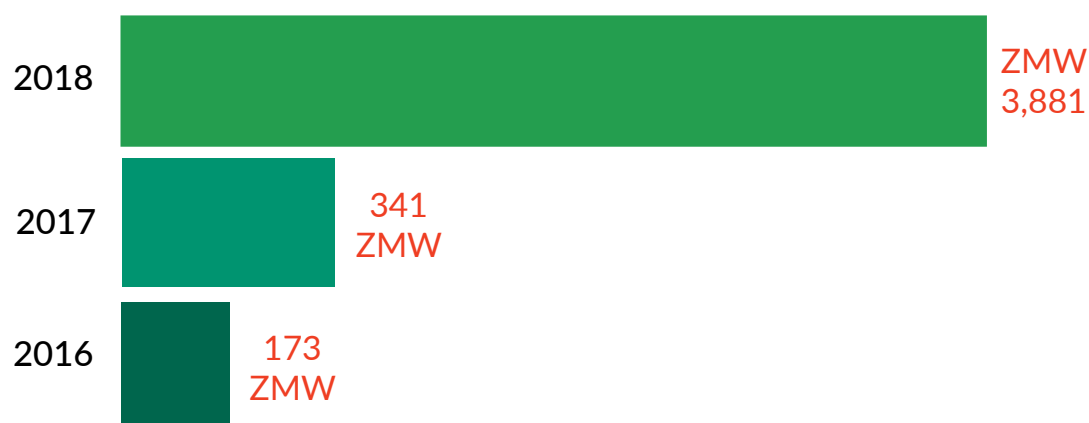
At 28, and cashing lots in Moringa plants growing



Twenty-eight-year-old Miriam Hamunyemba joined the Young Farmers' Club in 2016. After separating with her husband, she focused on caring for their two children.

"Taking care of my children was not easy. Before I joined the Kalusa Young Farmers' Club, I stayed home and helped out in my parents' field, who later would give me part of the harvest to support my children. After the trainings on Moringa processing, I received Moringa seeds which I planted right in the back yard of my parents' house in February 2017. By May 2018, I started processing it, following the steps I was taught. Since then, I manage to process and package about 100 bottles per month. I sale each bottle at K20. From May to September 2018, I sold Moringa worth K10,000".

Surplus earned on average per young farmer in 2016, 2017 and 2018





HEALTH

Following the strong commitment of the Sustainable Development Goals to end HIV/AIDs, Tuberculosis (TB), Malaria and other communicable epidemics by 2030, Zambia has made remarkable progress.

For close to two decades, DAPP Zambia has been using a community-based approach to HIV/AIDS and Malaria interventions to bring high-quality health services as close to the family as possible. We have been working together with Government line ministries, fighting HIV/AIDs and Malaria by mobilising

communities, health workers, and volunteers as united partners for the control of the epidemics.

By encouraging people to get screened and tested for Malaria, HIV/AIDS and other communicable diseases and to take charge of their own health, we have built a strong momentum, with flagship health programmes including: Elimination of Malaria (E8), Sexual and Reproductive Health for All Initiative (SARAI), Total Control of the Epidemic (TCE), and Hope programmes.

Key outputs

- Activities implemented in 32 districts
- Over 726,000 people provided with healthcare information and/ or services
- 279,371 women received family planning services
- 26,752 clients screened and tested for Malaria, 1568 found with Malaria and treated
- 26,596 clients screened and tested, and identified 1,800 HIV positive people with 1,752 linked to services

Sexual and Reproductive Health for All Initiative

Family planning for better choices



In many parts of Zambia, particularly in rural areas, a number of challenges hinder women, men and young people from accessing family planning services. These include long distances to health facilities, limited knowledge about the various family planning methods that exist, various myths and misconceptions about the use of family planning, and while many women are not empowered to have a say about when or how often to have children. Results of family planning include;

- Mothers and babies are healthier, because pregnancies will be spaced and childbearing will be delayed until a woman becomes an adult.
- Young women and men are better enabled to pursue and complete their education.
- Women are empowered to improve their economic status and livelihood, with multiplier effects for their families and children.

In 2015 the Sexual and Reproductive Health Initiative for All (SARAI) project started with the aim to contribute towards the Zambian Governments goal of increas-

ing prevalence rate for modern contraceptive from 33% in 2007 to 58% by 2020.

SARAI is operating in 15 districts of Copperbelt, Luapula and Muchinga Provinces. It was in 2018 implemented in 143 health facilities, working with 830 Community Based Distributors (CBDs), 1,455 Champions and 165 out-of-school youth clubs, providing family planning and sexual and reproductive health services in the communities.

The 830 Community Based Distributors provided family planning services to 279,371 women. The project volunteers reached a population covering over 400,000 people with sexual and reproductive health messages focusing on safer sexual behaviour among youth. The project also distributed 651,809 condoms in the communities.

An innovative pass on gift system for economic empowerment of the Community Based Distributors resulted in a 97% retention with 830 active out of the 855 trained.

143
Health facilities

830
Community Based
Distributors

71,305
Women provided with Family
Planning by Community Based
Distributors in the 4th quarter of 2018



Changing Lives

Janet - Modern Family planning revives her education dream



Janet Chama is a 20-year-old mother from Lengwe Village in Kawambwa District. She got pregnant at 17 years while she was in Grade 10, this was due to lack of information on sexual and reproductive health.

"I couldn't talk with my mother on sexual matters because women can't have free discussion with daughters on sex and reproductive issues". When Janet saw many cases of early pregnancies in her community she got motivated to act.

"I joined an out of school youth club to help youths through sexual and reproductive messaging and condom distribution to prevent many unwanted pregnancies and reduce STI & HIV infections". When she returned to school in 2015, the project supported her to complete Grade 12.

Jane - A volunteer champion, promotes safer sex



Since joining SARAI, 40 year old self-motivated champion from Chitulika Village of Mpika District, Jane Kawili-za, has created a huge demand for condoms in her area .

"Clients collect the condoms at my house. Before, it was hard for someone to access free condoms. But I don't just give the condoms, I also give health information on the usage and disposal of the condoms". Linked to Mpika Urban Clinic, Jane distributes more than 2,000 condoms every month.

"I am trying to make a difference in my community. Before being trained I was just giving HIV/AIDS information. Now I am even more effectively preventing HIV and I also give information on the benefit of modern family planning as well".

Modern Methods Contraceptive Prevalence Rate in districts of operation

32%
Baseline
(in 2015)

to

46%
In 2018

Elimination of Malaria

Stitching malaria in time



26,752

People tested for malaria

1,545

People found with malaria and treated

The Elimination Malaria Project, set-up to contribute to the elimination of local malaria infection and disease in Zambia by 2021, succeeded due to Community Health Workers' reliable mobile campaigns in communities. 26,752 people were screened and tested for malaria and 1,545 people found with malaria were treated.

The project further brought information to people

on how to eliminate mosquito breeding grounds. This reduced cases in 47 hard to reach villages in Livingstone and Sesheke districts. 14.6% of those found with malaria were children below the age of 5. A malaria Border Post was set up to screen clients in transit, in an effort to enable and accelerate the zero local transmission of Malaria across the borders of Zambia towards Zimbabwe, Botswana and Namibia.

Christine Sabanhu- stitches Malaria in time and saves family



Christine Sabanhu is 15 and in Grade 9 at Imusho Primary School in Sesheke district of Western Province of Zambia. She is the third born in a family of 7. When she got ill, Christine could not manage to go to a clinic because it is far from home.

"My parents gave me herbs from a traditional healer suspecting witchcraft, but the problem persisted. I was bed ridden and missed school for two weeks", Christine narrated.

Back to school, she was intrigued when a malaria campaign team visited her school.

"I decided to test for malaria and the results were positive and I started receiving treatment. Then I requested them to test my family also".

The team agreed and travelled 7 kilometers to her home village where all her family members were tested and found with malaria and got on treatment. This attracted the other 47 people from the same village who tested as well. And 31 were found with malaria and received treatment.

Total Control of the Epidemic



The Total Control of the Epidemic (TCE) programme, together with partners, is close to achieving its vision of controlling the epidemic. Through hundreds of passionate Field Officers on the ground, these health cadres assisted people to know their HIV and TB statuses and how to act upon it.

When the government introduced a new policy of “test and treat” in 2017, collaborating with Ministry of Health and USAID Discover, DAPP started the TCE Test and Treat Project in Lusaka and Copperbelt provinces to do index client partner testing; and screening and testing in identified “hot spot” areas and among key populations. Since August 2018, the project also worked under the Centre for Infectious Disease Research in Zambia (CIDRZ).

This meant that all people found HIV positive were helped to immediately start Anti-Retroviral Treatment (ART). The Field Officers further followed up to test the sexual partners of those who tested HIV positive in an ongoing chain.

Working with 72 Community Health Workers in 17 health facilities on the Copperbelt province and 30 Field Officers in five health facilities in Lusaka province, the project reached 26,596 clients, and identified 1,800 HIV positive people with 1,752 linked to services in 2018. Those that tested HIV positive were supported through counselling and home visits, resulting in HIV positive clients adhering to drugs.

26,596

Clients counselled
and tested

1,800

Identified HIV+
cases

1,752

Linked to services



TCE Lusaka Field Officers pose for a photo after their monthly meeting

HOPE Youth HIV Prevention Project

Helping young people live healthier lives

The HOPE Youth HIV Prevention project contributes to epidemic control in Zambia, with its objective realised through increased capacity of community structures to effectively complement efforts to control the HIV pandemic, increased the number of young people knowing their HIV status and access relevant health services.

Its activities are carried out through 12 sub-recipient organisations while other activities are implemented by DAPP project leaders. In 2018, the project focused on start-up activities such as introducing the project in the 12 districts, selection and mapping of operation areas, orientation and contracting sub-recipient organisations, and training of various community volunteers to support with implementation.

Working with 31 health facilities and 56 schools in Central and Copperbelt provinces, the project trained 241 peer educators from 92 clubs, 250 Gender Based Violence volunteers/field legal animators, and 119 community champions. These spearheaded the dissemination of HIV prevention and TB treatment information.

The project also supports rolling out of community ART distribution in seven districts of North Western Province.



250

GBV legal animators
identified and trained

241

Peer Educators trained

119

people living with HIV
trained as advocates and
trainers



HUMAN RIGHTS IN CORRECTIONAL FACILITIES AND JUVENILE CENTRES

Human rights violations against inmates and juveniles in correctional facilities and rehabilitation centres in Zambia are widespread. These include overcrowding of the facilities having a capacity to accommodate 8,250 but accommodating over 21,500 adult and 500 juvenile offenders.

Key challenges in the facilities additional to overcrowding include lack of essential health services, inadequate nutritious food, abuse and torture. Further, the facilities provide little rehabilitation support to the inmates in terms of literacy and vocational training. Finally, lack of supportive reintegration processes make it hard for ex-inmates and juveniles to reintegrate back

into society upon their release.

In its effort to realise human rights for all, DAPP Zambia embarked on a programme to help inmates and juveniles find purpose and meaning in their lives by tackling key challenges in the correctional facilities related to health, education and life skills training. This was done by involving the inmates themselves and training the staff in the correctional facilities.

In 2018 DAPP Zambia worked in eight correctional facilities for adults situated in six districts of Muchinga, Central and Luapula Provinces and in one juvenile facility situated in Mazabuka District.

Key outputs

- Activities implemented in seven districts
- 1483 adult inmates supported
- 87 juveniles supported
- 848 adult inmates and 47 juveniles tested for HIV and screened for TB

Human Rights in Correctional Facilities

Gap closing between legal requirements and practice in facilities for inmates

Human Rights abuses in Zambia's correctional facilities are common. A serious gap exists between what prisoners are legally required to get and the actual practice in those facilities. The challenges mostly faced are lack of access to health services, HIV testing and treatment, clean water and sanitation, nutrition, overcrowding and poor attitude of staff towards the rights of inmates.

In improving the health of the 1,483 inmates supported, the project organised them in support groups led by trained peer educators. The peer educators worked with

project leaders in providing vital health information to fellow inmates, resulting in 848 inmates testing for HIV with 84 initiated on ART.

Operating in eight facilities, the project aimed at contributing to increased protection of rights and improved living conditions of inmates in Muchinga, Luapula and Central Provinces of Zambia, with the project evaluation revealing that more than 80% of the inmates in the facilities were aware of their own rights and were screened for HIV and TB upon being remanded in facilities.

Key outputs

Health and human rights improved in 8 correctional facilities

- Systems put in place to ensure that all inmates not knowing their status are tested for HIV and screened for TB and all in need receiving adequate medical treatment.
- Prison staff trained in human rights and health issues resulting in improved treatment of inmates
- Sanitation facilities were significantly improved resulting in less skin, diarrhoea and chest-related diseases
- Improved vegetable gardens and increased use of produce resulted in improved diet.



DAPP and Mkushi correctional facility staff

Human Rights Juveniles

Sustaining lives of reformed juveniles

In finding holistic solutions that lead to sustainable lives, the Human Rights Juveniles Project at Nakambala Approved School in Mazabuka aims at improving the welfare of juveniles undergoing reformation.

The project works to improve human rights and rehabilitation of juveniles who have been in conflict with the law and placed in a rehabilitation facility. It focuses on four main areas: training of staff on how to improve the life of the youth in the facility; improving the wellbeing of the youth by providing health interventions and upgrading the facility; rehabilitating the youths through improved skills training; and improving the reintegration support systems by engaging the local community, government officials from the Social Welfare Offices and families.

In 2018, we managed to positively influence the facility.

The staff members were eager to cooperate and had their capacity built through the new programmes, which supported adjusting lock-up time to 21:00hrs - 05:00hrs, from the previous 18:00hrs - 06:00hrs. The programmes included how to make functioning system and programmes; how to carry out practical training and education of the youth; how to involve the youth in matters which concern them; and how to handle the youth with love and care.

Young people at the facility responded positively. With improved living environment and housing facilities, they became active in learning new skills with 87 juveniles acquiring vocational skills and 16 saving an average of K99 each through sale of produce from their individual vegetable gardens. All the youths participated in improving their surroundings.



Programmes for juvenile reformation



Raphael determined to improve his life after stay in Approved School

After Raphael was discharged from Nakambala Approved School he was integrated into his mentor's tailoring enterprise.

"My task was to mentor Raphael and help him fit nicely in society. I started working with him using my own sewing machine and advanced him to start looking at his new job with quality", stated Raphael's mentor, Collins Muyeba.

Collins says, when Raphael received his own sewing machine he committed himself to learn more with high ambitions for his future. Social Welfare Officer Skywell Sianjalika, Raphael's Case Worker, said that Raphael is a true success story of a minor determined to improve his life.

"Raphael is already a success story. I see a lot of light at the end of the tunnel in his life", Sianjalika said.



FUNDRAISING BUSINESS



Resourcefulness for uplifting lives

The second-hand clothes sector has grown into an important economic factor that provides a living for more than 100,000 people in Africa, Zambia inclusive. This is because second-hand clothes enjoy a high degree of appreciation worldwide and among all social strata.

Resourceful NGOs, like DAPP Zambia, got into the enterprise to raise money for social projects that help communities organise themselves in their efforts to improve basic living standards.

Through this venture of reuse of textiles and shoes, DAPP Zambia together with partners support and fund over 100 development projects from its surplus.

Apart from providing low-cost high-quality clothes and shoes for low income earners, the 33 DAPP second-hand clothes and shoes shops in 29 districts of the 9 provinces of Zambia have provided employment opportunities to more than 300 staff. The shops have also become suppliers to many other chain traders who buy from the shops for reselling.

Due to the reuse enterprise, there is a reduction on the use of water and land in the production of cotton, lint and rubber for new clothes and shoes. This in effect, reduces carbon monoxide emissions, and accumulation of landfills of unsorted waste, hence improving the efficiency of the natural resource.





DEVELOPMENT INSTRUCTORS

Accelerating change through knowledge and skills sharing

In 2018, we hosted 33 Development Instructors from 12 different countries (Hungary, Poland, Bulgaria, Lithuania, France, Spain, Italy, Denmark, Portugal, Czech Republic, Norway, and Romania). 22 of these were female and 11 were male. Before joining DAPP, they went through a six months study and preparation period. In Zambia they contributed to transforming the lives of people by using their skills and experiences. This was achieved through working with people in the day-to-day running of projects, and in developing new activities. Some experiences of two Development Instructors are shared below:

Roser Maura: Determined to fight for equal rights



"My name is Roser Maura from Spain. In 2017, I decided to become a Development Instructor and arrived in Zambia in August. Being at Child Aid Nampundwe was the best that could have happened to me. We worked very well as a team. The biggest challenge I had was dealing with the Zambian social structure where women and men have very determined roles. I felt that some things were asked to David just because he was a man, and I was a woman. The last two years I have been very much in touch with this issue, as I want equality for both sides. It is my personal fight everywhere I go. To overcome this challenge, I had to be strong and stood for myself".

David Sanchez Soto: Learnt listening to communities to solve issues



"My name is David Sanchez Soto from Spain. Being with the project taught me many things and I enjoyed a lot of the work with the project. Though Zambia is known as an English speaking country, we worked with communities speaking Nyanja, Tonga, Sala, Bemba and Lozi. The best way to overcome this challenge was to talk and solve things by doing. I learnt the introductions in languages, having good organisation and listening to the communities. I learnt that working as a team improved to speed up solving issues. This was very important because the project depended on time".





HUMANA PEOPLE TO PEOPLE

The Federation for Associations connected to the International Humana People to People Movement

The Federation Humana People to People (HPP) is a network of non-profit associations engaged in international solidarity, cooperation and development, with 40 years of experience in creating development together with people and a commitment to tackle some of the world's major humanitarian, social and environmental challenges.

Today the Federation HPP has 30 independent national associations as members from Europe and North America, to Africa, Asia and South America.

Member associations receive services from the Federation HPP to reach their objectives as development organisations and be on the forefront of the international development agenda. The members benefit from inspiration from all over the world and knowledge of best practices from the regions where similar conditions and challenges mean that experiences can be adapted and replicated and contribute to people-centred solutions such as HIV epidemic control and adaptation to climate change.

The Sustainable Development Goals (SDGs) continue to serve as an overall point of reference for the broad spectrum of activities undertaken by the Federation HPP and its members.



PARTNERSHIP

The progress report is a celebration of partnerships between DAPP Zambia, the Zambian Government, private companies, local and international development organisations, foundations, customers in our DAPP shops, volunteers, and active members of our projects. The people benefitting and DAPP are deeply grateful for the funds committed and the spirit of contributing to the development of the disadvantaged people in Zambia.

The community work and financial accountability of DAPP gives partners an opportunity to contribute to the development work through donations. DAPP never believes that we are doing enough to assist the needy people and will always welcome funding opportunities to do more. Once again, thank you very much, to all our partners and stakeholder who made it possible for people to change their situation.

DAPP 2018 Main Partners and Donors (Alphabetical order)



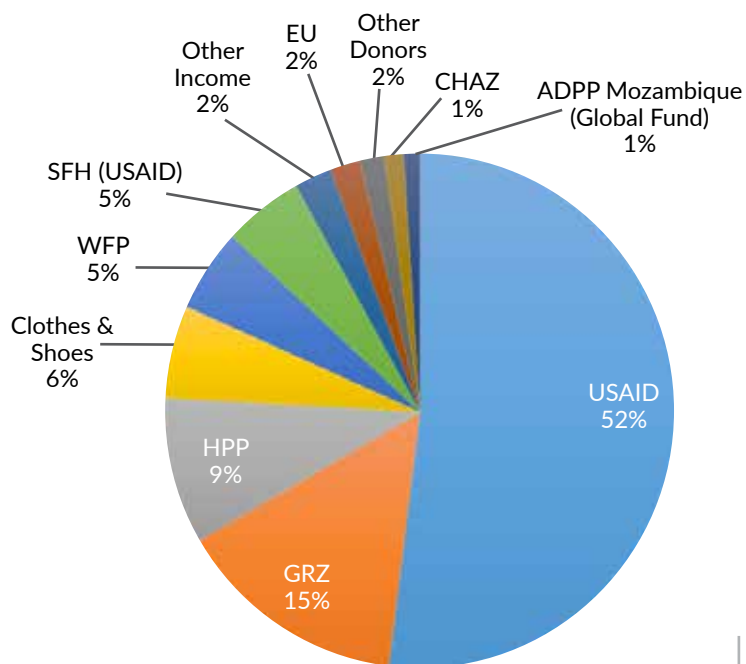
U-landshjelp fra Folk til Folk, Norge

INCOME & EXPENSES

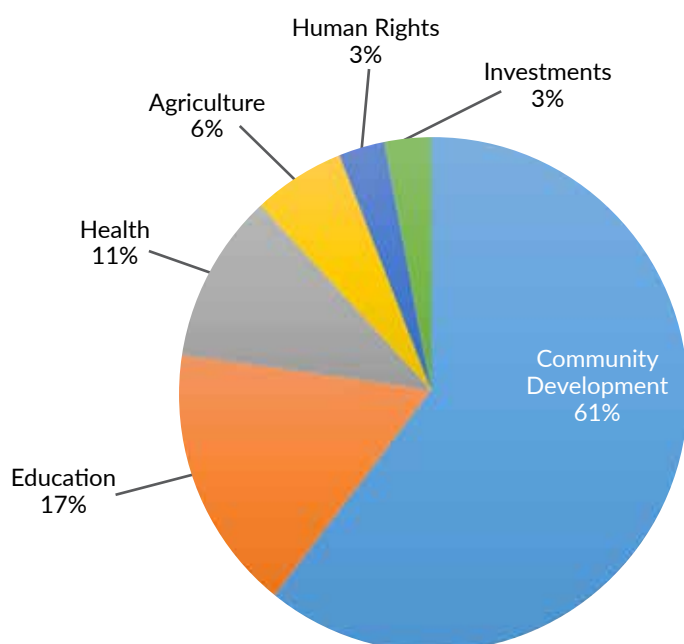
Administration and Auditing Standards

DAPP has policies, guidelines and internal controls in line with international standards to ensure that the funds are spent only for the purposes intended. Accounts are audited according to internationally accepted standards of audits and as required by the Companies Act. DAPP's accounts are audited by an external auditor company KPMG. The financial administration of DAPP is based at the organization's headquarters in Ndola.

2018 Income sources



2018 Expenses



KEY

- CHAZ** Churches Association of Zambia.
- EU** European Union.
- GRZ** Government of the Republic of Zambia.
- HPP** Humana People to People.
- SFH** Society for Family Health.
- USAID** United States Agency for International Development.
- WFP** World Food Programme.



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This report is also reflecting what came out of the surplus from DAPP clothes sales



DAPP Zambia is a member of the Federation for Associations connected to the International Humana People to People Movement

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