Development Aid from People to People in Zambia

Working Shoulder to Shoulder with the people

Issue No. 002

www.dappzambia.org

Free Copy

2021 Newsletter

Crop diversification changes widow's life

race Silume 58, is from Hachaanga area of Monze District. When she lost her husband, life became harder than it was before. Looking after her children became a heavier burden she could not easily carry. At that time, she was just a peasant farmer growing just enough to get by.

"I struggled a lot to look after my children. I used to cultivate just a small portion of maize that didn't give me enough food to eat for the whole year because I didn't know what else to do," Grace reveals.

In 2018, she joined Manungu B Camp Farmers' Club under the DAPP Smallholder Farmers' Support Programme. Her life instantly turned around for the better. The lessons of crop diversification tremendously improved her family's livelihood because she has food throughout the year, and earns a great deal of income from her variety of crops she grows. To page 2





Nomadic boy finds home at DAPP Children's Town

hen Promise Mweemba's father in Mazabuka divorced and remarried, he went to stay with his uncle. Unexpectedly, when he was 16, his uncle put him on a bus to Lusaka to find his mother. That began his nomadic, vagabond life. He had never been to Lusaka before, and when he arrived he waited for the mother who never showed up. To raise money for food, he sold all he had on him. For two months, he lived in the street with his new friends. He then with friends travelled to Solwezi to look for jobs in the mines but there life was unbearable. Strangers put him on a bus back to Mazabuka, but he dropped off in Kabwe. After six months he relocated to a rural farming block to find something to live on. It was here his wandering was spotted and stopped. He was taken to a Police Post, where a Social Welfare Officer took him to a care home. A few days later, he was brought to DAPP Children's Town School in Chibombo, was taken care of and started school.

EDUCATION

0

515 **Pupils Enrolled** at Children's Town

90

Former street Children in children at vocational Children's skills Town training

158

Students attending teacher training at Mkushi College

Education provides stability, equality, security allows for selfdependency and creates a safer world. DAPP's work in education goes back 30 years, understanding that children are the future of the country and making education crucial for them will not only keep the country alive, but flourishing.

Worried Masauso takes 2nd HIV Test As Eastern TCE launches Community HIV/AIDS Posts

asauso, 28, sat nervously as he waited for the HIV test results, even though the Psychosocial Counselor had taken him through extensive pre-test counselling. This was his second HIV test. He took the first one, two years ago at a local clinic.

"Last time I took it I was found negative and was advised by the officers on how to take care of myself and remain negative, but I became careless in my sexual lifestyle. I did not follow their advice," he reveals.

This time around, Masauso took the test at Lundazi main market Community Post, next to where he works as a trader. A few moments later, the Psychosocial Counsellor completed the test and revealed the results to him.

"I was worried about the results because my sex life has not really been good since I last tested," he says. "I have been thinking about going for testing for a while but I did not have the time to go to the clinic and stand in queues. Immediately I saw this post right at my market, I just had to test," he adds.

The DAPP Total Control of the Epidemic (TCE) project in Eastern Province, has established four Community Posts in four districts of Lundazi, Katete, Petauke and Nyimba in an effort to bring HIV/ AIDS services to men who have never known their HIV status. The posts are a deliberate initiative to reduce transport costs and time spent by targeted people in taking HIV tests.



"My advice is that all men should know their HIV status as it helps them plan for their families. You get to know how to take care of yourself if you test positive and how to protect yourself if you are negative. I feel lucky that I have been found negative again."

Mkushi College

APP Mkushi College of Education is 'another kind of college', that strives at identifying, equipping and supporting unique and passionate young persons who aim at becoming 'another kind of teachers' and devote many years teaching in rural schools.

Students experience an all-round training, preparing them for any and all kinds of challenges they will meet in a rural school, academically and practically. Students learn a package of modern teaching methods that cultivate inclusive and pupil centred education where pupils are given space to dialogue and explore for themselves to develop their full potential.

Student teachers end up with an extraordinary and profound sense of 'solidary humanism', igniting and fuelling the passion and eagerness to work shoulder to shoulder with the rural communities on an agenda of economic development. It is affiliated with the University of Zambia.

60,000 People tested for HIV

17,794 People were positive

23.874 defaulting patients diagnosed HIV helped back on treatment

Only the people can liberate themselves from HIV/AIDS **Epidemic. Others can only**

Crop diversification changes widow's life

From front page

"When I joined the Farmers' Club, I followed all the lessons DAPP and agricultural officers taught us. What makes us sell our maize at lower prices is because we depend too much on one crop. I stopped growing one crop and this has helped me a lot to provide for my family easily. Like now I haven't even thought of selling my maize yet because I have other crops to sell like groundnuts, cowpeas, tomatoes, rape and cabbage."

Last year Grace harvested 22 bags of groundnuts and 300 bags of maize. As a skilled farmer now, she has stretched her limits.

"I have started a fish farming and poultry business.

I have already built a poultry house and bought 100 chicks and some more I ordered will arrive next week," she states.

The World Food Programme (WFP) funded Smallholder Farmers' Support Programme aims at increasing food availability in households through among other interventions, crop diversification among the farmers it works with. It acknowledges that families that diversify their farming activities like Grace, in times of climatic shocks, have alternatives to live on.

The programme also promotes conservation agriculture, savings and links farmers to inputs, markets, micro finance and insurance cover.

23,366 **Farmers**

536 668 Savings Farmers' Groups supported Clubs worked with operated

Peasant farming plays a major role in producing food for both rural and urban populations. DAPP works with these farmers to maximise their production and value for their produce.



ile offend ormer Juve

ohn Hamakando (not real name) was 16 years old when he was arrested, accused of stealing a mobile phone. After spending 8 months in remand custody, the High Court ordered him to undergo rehabilitation at the Nakambala Approved School in Mazabuka district of Southern Province.

At Nakambala through the DAPP Human Rights Project John was helped to undergo the rehabilitation process leading to a successful reintegration into society when released.

He enrolled in the agricultural and carpentry skills training courses and was part of the group and individual counseling sessions aimed at transforming him into a productive and law abiding citizen upon their release.

"When I was released, DAPP gave me a carpentry starter pack so that I could start a business to earn a living once I am back home," says John.

At home, John started gardening to raise money to buy materials for his carpentry business. Thanks to his father for the

"Immediately he arrived, he fixed the door I bought. I am convinced that he is reformed and has skills that will help him earn a living. I bought him vegetable seeds to raise money to buy planks for carpentry since he came with carpentry tools. I thank DAPP for helping him," his father says.

Working with facilities, the project has helped juveniles and adult inmates reform and have skills as part of their reintegration support.

1,371 215 Adult Juvenile **Inmates** Offenders supported supported

311

Former juvenile offenders And inmates empowered

The quest for human rights for all can be achieved meaningfully when collective actions of solving problems give the in need tools, knowledge and support that make them be in charge of their own lives.



he Zambia Family Activity (ZAMFAM) in Southern and Central Provinces, was implemented from 2016 to 2020. It organised the whole community to support each and every child according to their needs and to improve resilience of the families to be able to continue care for their children when the project ended.

It worked through community structures and children were engaged in community actions and adolescents were organised in clubs and trained to increase self-confidence and awareness in order to reduce new HIV infection. It also supported educational activities for the children through sensitisations on the importance of education, school block grants and back to school campaigns.

End of Project Evaluation

Children regularly 99% of attending school increased from 37% to 83%

care givers knew their children's **HIV** status

percentage of under 5 malnourished children reduced from 4% to 0

120,893 11,413 HIV+ **OVCs** children imsupported proved health

61,029 Active families

2,913 Action Groups formed & strengthened

ealth is weal

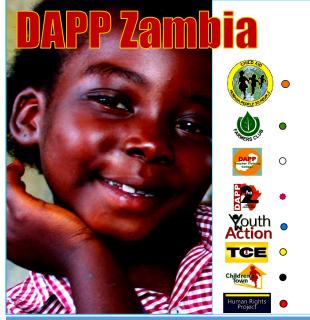


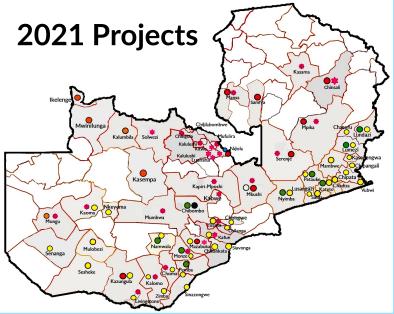
ealth Programmes need to have their point of departure in people and not in diseases; they must respond to how people live their lives.

DAPP adopts and employs a holistic approach to the fight against major health problems in supporting:

- HIV Prevention, Diagnosis at home and Care;
- TB Prevention. Linkage and Care until cured:
- Maternal and Child Health:
- Gender Based Violence Prevention;
- Nutrition and Infants' first 1000 days;
- Water and Sanitation;
- Malaria Prevention, Malaria Test and Treat.







NSION

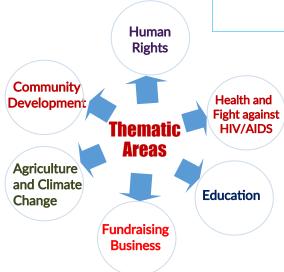
MISSION

Projects Rationale

To contribute towards a Zambia where people are well educated and live healthy lives free from poverty.

in Zambia together with the people by sharing necessary skills, knowledge and tools to fight poverty, illiteracy and disease.

To create development in communities DAPP's projects harness the people's own power to create changes individually and collectively to build resilience and capacities to get out of poverty. By people working together, they are able to support one another and make collective actions, solving problems and creating development that they cannot do alone.



undertaken over the years.

Second hand **Clothes** Shoes Shops

evenue from the sale of second hand clothes and shoes supports DAPP Zambia's over 100 development projects which have been

The 37 shops further create work opportunities for over 348 employees in districts where they are located. As a way of promoting selfemployment, innovative business traders also find an opportunity to buy clothes at reasonable prices for resale at a profit all across the country.

S









VALUE ADDTION

he DAPP shops countrywide have clothes and shoes left over and not sold at the end of each cycle. These clothes, dubbed "Pull-Down" clothes, possess a huge value for money.

Hence, as a way of giving back and empowering our communities, a value addition project, the Clothes and Shoes Donation Project, was introduced.

The clothes are given across a wide distribution of beneficiaries, following stipulated guidelines and identified needs in communities or institutions.



ENVIRONMENTAL PROTECT

APP actively contributes towards mitigating the effects of climate change through the second hand clothes and shoes project.

By recycling clothes, we reduce the amount of waste sent to landfills and incinerators. Recycling of clothes also saves energy and conserves natural resources such as timber, water and minerals and prevents pollution by reducing the need to collect new raw materials. It also provides economic benefits through the production of new innovative items for resale, creating household sustainability for families and countries.